



Behavioral Health Care Center

One child, one team . . . one location

WILLIAM GETTMAN

Chief Executive Officer
60 Academy Road
Albany, NY 12208
518.426.2600
William.Gettman@nrfs.org

AUDREY LA FRENIER

President & Chief Operating Officer
60 Academy Road
Albany, NY 12208
518.426.2600
Audrey.LaFrenier@nrfs.org

AMY DIRAMIO

Executive Program Director
Behavioral Health Centers
518.431.1650, ext.1659
Amy.DiRamio@nrfs.org

JUSTINE MAIER

Assistant Director
Behavioral Health Center
518.982.2152, ext. 1274
Justine.Maier@nrfs.org

TARA SHELDON

Supervisor
Adult Health Home
Care Management
518.414.4390
Tara.Sheldon@nrfs.org

CATHY GAMSJAGER

Supervisor
Children's Health Home
Care Management
518.937.0421
Cathy.Gamsjager@nrfs.org

JENNIFER ESLICK

Executive Program Director
Crisis Services
518.603.0695
Jennifer.Eslick@nrfs.org

DANIELLE STOKELY

Director
Residential Treatment Facility
518.431.1673
Danielle.Stokely@nrfs.org

*These services are provided by
Northern Rivers Family of Services
and member agencies.*

The Behavioral Health Care Center represents an innovative concept that will change the way children and families engage with the services delivery system, integrating services under one roof and improving communication and efficiency. This 26,000-sq.-ft. one-story building includes two major areas: clinical services suites and residential suites.

The Clinical Services Suites

- Therapy and counseling suite features licensed behavioral health professionals
- Medical suite provides space for a health-care practitioner, psychiatrist, nurse practitioner, and/or registered nurse
- Crisis management suite for crisis triage and response teams
- Suite for care managers who assess, refer, and link children and families to other services
- Telemental health suite featuring state-of-the-art hardware and secure software to provide audio and video access to mental health services for individuals in underserved or distant communities

The Residential Suites

- Four living units, each featuring:
 - Five furnished single bedrooms
 - Shared living and activity areas
 - Two private bathrooms
 - A calm room specially designed to help children de-escalate during times of stress
- Medical office
- Meeting rooms for families
- Full-service kitchen with dining area for 48
- Interior courtyard and outdoor recreation space

The Result

Behavioral Health Clinic: With the capacity for integrated primary care and the potential to integrate other services, the clinic incorporates psychological assessments, primary care, and substance abuse screening.

Health Home Care Management: Guidance, support, and assessment for children who may be eligible or who are already enrolled in a Health Home system.

Mobile Crisis Services: Rapid-response interdisciplinary teams that address mental health crises for children and adults in the home, school, and community.

Residential Treatment Facility (RTF): A contemporary, comprehensive residential mental health program for youth and young adults ages 12–21.

Short-Term Crisis Stabilization: One living unit includes overnight services for youth ages 12–17 who need intervention, but who are not at immediate risk for self-harm.

DESTINATION FOR INTEGRATED CARE

One child, one team... one location



Benefits

- Multiple services—same day, same place
- Integrated treatment team—right down the hall
- Single electronic health record
- Improved quality of living—decreased length of stay
- Divert youth from higher levels of care and hospital stays

Goals

- Increase access to treatment and services
- Decrease stress, time, and travel for families
- More family friendly, client-centered services
- Lower cost for treatment
- Provide single intake and treatment location to ensure continuity of care
- Partner with substance abuse treatment provider in the future

CUSTOMIZED CRITICAL CARE

By providing specialized care for youth in crisis, our team can customize a treatment plan that is effective for the youth and easy to navigate for the families.